

Eligibility criteria for CT coronary angiogram (CTCA)

Southern Cross will only reimburse the cost of a CT coronary angiogram under a member's policy when at least **one** of the following criteria below is met for that member.

- 1. The member is considered to be low or intermediate risk of coronary artery disease, with symptoms that could be due to coronary ischemia where the member cannot exercise **and** where pharmacological testing is unlikely to be helpful (reason to be documented in clinical notes).
- 2. The member is considered to be low or intermediate risk of coronary artery disease, with symptoms that could be due to coronary ischaemia where the results of a stress test is abnormal, due to being positive or equivocal (ECG or ECHO).
- 3. The result of the exercise treadmill test is unequivocally negative but ongoing symptoms (documented) are strongly suggestive of ischaemia.
- 4. The member is considered intermediate or high risk for cardiovascular disease and requires a preoperative assessment of the coronary arteries prior to undergoing elective major surgery or as required for cardiac intervention.
- 5. There is echocardiographic evidence of suspected cardiac mass, or other morphologic abnormality of the heart, pericardium, or great vessels.
- 6. To determine the cause of new onset heart failure or dilated cardiomyopathy when CT coronary angiogram is performed instead of a coronary angiogram after echocardiography.
- 7. For the purposes of planning the most appropriate definitive approach for treatment of a coronary chronic total occlusion (CTO), eg either stenting, medical treatment or surgery.
- 8. The member has become symptomatic (ischaemia equivalent), or demonstrates evidence of silent ischaemia, following CABG or angioplasty.

The cost of a coronary CT angiogram will not be reimbursed in the following circumstances:

- where there are no symptoms and no evidence from diagnostic tests suggestive of coronary artery disease
- for screening based on risk factors where there are no symptoms
- where the symptoms are of acute coronary syndrome (ACS)
- where an exercise treadmill test is unequivocally positive and there is intermediate or high probability of coronary artery disease
- for assessment post coronary artery bypass graft surgery in the absence of cardiac symptoms
- where a coronary calcium score is greater than 1700 Agatston units at a prior scan.

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Please also ensure you are familiar with all **policy exclusions**, including:

- Acute care
- Congenital conditions
- Cosmetic treatment/procedures
- Health screening
- Treatment of any condition not detrimental to health
- Unapproved healthcare services.

Refer to the relevant policy document for specific conditions and exceptions that apply to these exclusions.