

## Eligibility criteria for gastric bypass for gastro-oesophageal reflux disease

Southern Cross will only reimburse the cost of gastric bypass for gastro-oesophageal reflux disease (GORD) under a member's policy when criteria 1, 2 and 3 below are met for that member:

- 1. Gastro-oesophageal reflux disease is confirmed by **one** of the following:
  - Endoscopy confirms presence of high-grade oesophagitis (LA grade C or D), biopsy proven Barrett's oesophagus, or peptic stricture.
  - Where endoscopy confirms presence of LA grade B oesophagitis, 48h oesophageal pH monitoring must also confirm acid exposure time >6% on ambulatory pH monitoring or >80 reflux episodes per 24h.
- 2. Gastroenterologist or vocationally registered specialist performing endoscopy confirms failure of maximal medical therapy and recommends surgical intervention.
- 3. The gastric bypass for GORD is performed by an Upper GI surgeon who meets **both** of the below criteria:
  - Is an Upper GI surgeon that currently performs the full range of anti-reflux surgery options in the private sector.
  - Participates in the Bariatric Surgery Registry where the member has concomitant obesity.

The cost of gastric bypass for GORD under a member's policy **will not be reimbursed** in the following circumstances:

- Following self-referral to a surgeon.
- Following a primary care referral for weight-loss or bariatric surgery.
- For the revision of, or treatment of complications associated with previous bariatric surgery.
- For the treatment of obesity (except as specifically provided by the <u>Bariatric surgery for obesity allowance</u>).

Please also ensure you are familiar with all **policy exclusions**, including:

- Acute care
- Congenital conditions
- Cosmetic treatment/procedures
- Health screening
- Treatment of any condition not detrimental to health
- Unapproved healthcare services.

Refer to the relevant policy document for specific conditions and exceptions that apply to these exclusions.