

## Eligibility criteria for approved surgical treatments of hyperhidrosis

The eligibility criteria listed below are specific criteria relating to approved surgical treatments of hyperhidrosis including:

- endoscopic thoracic sympathectomy
- transaxillary sympathectomy
- apocrinectomy.

Southern Cross will only reimburse the cost of the above approved surgical treatments of hyperhidrosis under a member's policy when at least **one** of the following criteria is met for that member.

1. Hyperhidrosis has caused significant disruption of professional and/or social life within New Zealand, **and**
  - topical aluminium chloride or other extra-strength antiperspirants are ineffective or result in a severe rash, **and**
  - there is documented evidence of an ineffective response or an inability to tolerate at least one appropriate medication prescribed for excessive sweating if sweating is episodic. These could include:
    - anti-cholinergics
    - beta-blockers
    - benzodiazepines
    - calcium channel blockers
    - non-steroidal anti-inflammatories (NSAIDs).
2. Hyperhidrosis has caused significant disruption of professional and/or social life within New Zealand and an endocrinologist has recommended non-conservative treatment which is documented in writing.

Please also ensure you are familiar with all **policy exclusions**, including:

- Acute care
- Congenital conditions
- Cosmetic treatment/procedures
- Health screening
- Treatment of any condition not detrimental to health
- Unapproved healthcare services.

Refer to the relevant policy document for specific conditions and exceptions that apply to these exclusions.