

## Eligibility criteria for periurethral bulking agent for urinary incontinence

Southern Cross will only reimburse the cost of the injection of a bulking agent under a member's policy when all of the following criteria below is met for that member.

1. The member has symptoms of persistent stress urinary incontinence following 6 months of conservative anti-incontinence procedures including physiotherapy.
2. The procedure must be performed by a vocationally trained specialist operating within the Ministry of Health parameters (from July 2023) and facility credentialling processes.

The cost of the injection of a bulking agent will **not** be reimbursed in the following circumstances:

- for patients that have a history of hypersensitivity to bulking agents
- for patients that have an active urinary tract infection.

Please also ensure you are familiar with all **policy exclusions**, including:

- Acute care
- Congenital conditions
- Cosmetic treatment/procedures
- Health screening
- Treatment of any condition not detrimental to health
- Unapproved healthcare services.

Refer to the relevant policy document for specific conditions and exceptions that apply to these exclusions.